DUNVEGAN
GARDEN & GIFT

Ginger Mint

Mentha x gracilis



Ginger Mint foliage
Photo courtesy of NetPS Plant Finder

Height: 12 inches

Spread: 15 inches

Sunlight: ○ ◐

Hardiness Zone: (annual)

Other Names: Golden Apple Mint, Applemint

Description:

A beautiful mint producing green foliage which has some yellow variegation; violet-lavender flowers rise above in a late summer show of color; great container plant and it is suggested that planting within a pot in the ground will curtail invasiveness

Edible Qualities

Ginger Mint is an annual herb that is commonly grown for its edible qualities, although it does have ornamental merits as well. The fragrant oval green leaves with showy yellow variegation are usually harvested from late spring to early fall. The leaves have a minty taste.

The leaves are most often used in the following ways:

- Fresh Eating
- Cooking
- Seasoning
- Tea

Planting & Growing

Ginger Mint will grow to be about 12 inches tall at maturity, with a spread of 15 inches. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. Although it's not a true annual, this fast-growing plant can be expected to behave as an annual in our climate if left outdoors over the winter, usually needing replacement the following year. As such, gardeners should take into consideration that it will perform differently than it would in its native habitat.

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This plant is quite ornamental as well as edible, and is as much at home in a landscape or flower garden as it is in a designated herb garden. It does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Ginger Mint is a good choice for the edible garden, but it is also well-suited for use in outdoor pots and containers. Because of its spreading habit of growth, it is ideally suited for use as a 'spiller' in the 'spiller-thriller-filler' container combination; plant it near the edges where it can spill gracefully over the pot. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.